Chapter 1 Quiz

True/False Items

1. T or F When the profession of career counseling originated, the economy of the United States was especially strong and jobs were plentiful.

2. T or F Prior to the industrial revolution, careers tended to be determined by type of work one's parents' did.

3. T or F After publishing his book Choosing a Vocation, Frank Parsons delivered a famous speech at the Boston Vocational Bureau.

4. T or F Whereas workers could once reasonably expect to retire comfortably by the age of 65, this is no longer the case.

5. T or F Interfirm mobility is the primary emphasis of a protean career.

6. T or F Career success in new, post-Globalization era calls for higher levels of self-directedness as it pertains to one's career trajectories.

7. T or F Ambitious employees today should demonstrate loyalty and focus upon advancement opportunities with their current employers.

8. T or F There is generally agreement that career identity is only tangentially related to one’s sense of self.

9. T or F During the industrial revolution, many people moved from the rural, agrarian areas in which their families lived to cities in which they could easily find work in the manufacturing industry.

10. T or F The overall impact of the industrial revolution is that it offered people more opportunities to pursue personally satisfying careers.

11. T or F The United States had a largely agrarian economy after the industrial revolution.

12. T or F Given the radical changes that have occurred in the world of work and the pressing needs of many people for assistance with career planning, job searching, and career management, there is a strong need for career counselors.

13. T or F Lower-skill level jobs are more likely to be offshored than jobs that require higher level skills.

14. T or F Most workers in the future will need to reinvent their careers to keep up with a fast changing workplace.

15. T or F National statistical data indicate that people with a bachelor's degree have a higher unemployment rate than people with an associate's degree.

16. T or F Early in the counseling process, career counselors should offer advice about client concerns so as to establish credibility.

17. T or F The beginning of globalization can be traced back to the 1980s.

Multiple Choice. For each of the following items, circle the response that best answers the question.

1. Identify the technological advance(s) associated with the industrial revolution.

a. Assembly Line

b. Harnessing of electricity

c. Mass Production

d. Railroad Expansion

e. All of the Above

f. A and C

2. Frank Parsons is recognized as:

a. The father of vocational guidance

b. The father of career counseling

c. The father of counseling

d. All of the Above

e. A and B

3. In what year was Choosing a Vocation published?

a. 1870

b. 1901

c. 1909

d. 1913

e. 1929

4. Which of the following terms refers exclusively to paid employment?

a. Avocation

b. Vocation

c. Work

d. Occupation

e. B and D

f. None of the Above

5. Which of the following is NOT considered an outcome of the digital revolution?

a. Decreased reliance upon print materials in the workplace

b. Increased ability to work off-site with flex scheduling

c. Decreased hours and workload

d. Increased efficiency

e. B and C

f. None of the Above

Matching

Identify the definition that best matches each term below. In doing so, rely upon the definitions offered by the text.

1. \_\_\_\_\_ Work A. The overall balance of vocational and avocational activities at any given point in time and the relative balance of competing roles (work, family, social, leisure), which clearly can vary over time.

2. \_\_\_\_\_ Job B. Specific to paid work, this term that represents a broader grouping of activities that require similar skills and involve similar tasks. National labor market statistics usually address this broader category.

3. \_\_\_\_\_ Career C. Another term referring to paid employment in a job or occupation

4. \_\_\_\_\_ Occupation D. A term that refers to the specific set of tasks performed by an individual worker. Although the term usually refers to paid positions, payment isn’t technically required.

5. \_\_\_\_\_ Avocation E. A term generally referring to unpaid activities during leisure time. These activities may include hobbies or other activities for which others get paid (e.g., woodworking) but for which one is unpaid and engages in during leisure time.

6. \_\_\_\_\_ Lifestyle F. A broad category referring to the series or sequence of one’s vocational activities over the course of a lifetime. It is generally viewed as integral to one’s sense of self.

7. \_\_\_\_\_ Vocation G. A term that refers to the expenditure of energy and effort that occurs during paid employment (e.g., at one’s job) as well as during unpaid activities (e.g., housework, yardwork).

Matching

Identify the one client who best matches each client description.

1. \_\_\_\_\_ This client is a very successful and highly paid accountant.

 A. Doris Bronner

2. \_\_\_\_\_ This client works for the Ford Motor Company.

 B. Juan Martinez

3. \_\_\_\_\_ This client has a serious health condition prompting a need for a new career. C. Gillian Parker

4. \_\_\_\_\_ This client’s spouse recently died.

 D. Lakeesha Maddox

5. \_\_\_\_\_ This client demonstrates a lack of insight about having poor work habits. E. Wayne Jensen

6. \_\_\_\_\_ This client suffers from feeling inadequate in comparison to his/her siblings. F. Vincent Santiago Arroyo

7. \_\_\_\_\_ This client is struggling with the implications of sexual orientation on career decisions. G. Lily Huang Li Mei

Short Answer Questions

1. Choose one client and identify at least one internal factor and one external factor that prompted him or her to seek career services.

2. List four types of career-related issues typically addressed by career counselors.